



TotalCare EAP
Public Safety EAP
Educators' EAP
Higher Ed EAP
HealthCare EAP
Union AP

NEW! Online COVID-19 Resource Center



*To ensure that you get the information, resources, and help that you need as we all work together to get through this difficult time, your EAP has just launched a comprehensive, new online **COVID-19 Resource Center**.*

Here's a quick overview of some of the major features available:

- COVID-19 pandemic resources
- Departments of Health links by state
- Tools for employees & managers working remotely
- Resources supporting at-home children, older adults & caregivers
- Help for financial stress & achieving financial stability
- Resources to address your emotional wellbeing and developing resilience
- Webinars and trainings



- Resources in Spanish
- Resources for Military personnel & their families

Login Instructions

Counseling Assistance? 800-252-4555

Personal Assistant

NEWS ALERT Coronavirus COVID-19 Pandemic Resources

SPECIAL WEBINAR COVID-19 Facts You Need to Know, a special webinar with Dr. Ellen Condrate

Featured this month: PERSONAL and PROFESSIONAL COACHING

COACHING ONLINE COLLEGE DISCOUNT BENEFIT

NYS & NYC Compliance and Training & Resources
New! NY Sexual Harassment Training & Tools

NEW YORK STATE Combating Sexual Harassment

Coronavirus (COVID-19) Resource & Training Center

Training Center Resource Centers Personal Finance & Education Center Legal

Smiley face icon, Person with arms raised, Doctor and patient, Woman at computer

1. To access the **COVID-19 Resource Center**, simply log in to www.theEAP.com/TotalCare-EAP.
2. Click the Employee & Family login in the top menu bar.
3. Click the red **Coronavirus (Covid-19) Resource and Training Center**.
4. If you already have a User Name and Password, simply enter that info in the appropriate boxes.
5. If you have not registered, complete the Registration fields/boxes.
6. **You only need to register once.**

If you need help logging in or you want to speak with a counselor, call **800-252-4555**.