



DAY SERVICES



PERSONAL CARE SERVICES



HEALTH & THERAPEUTIC SERVICES



EQUIPMENT & SUPPLIES



MENTAL HEALTH SERVICES



IN-HOME SUPPORTS

Trained specialists at MassOptions can provide referrals that best fit your individual needs, by phone or online chat 7 days a week – 8am to 8pm.

TOLL-FREE

1-844-422-6277

1-844-422-MASS

OR VISIT

MassOptions.org



Like us on Facebook



Your link to community services

Massachusetts Executive Office of Health and Human Services



Your link to community services

Are you ...

- An *elder* looking for help, such as in-home care?
- An *individual with a disability* seeking to live independently?
- A *family member or caregiver* trying to locate services for loved ones?

MassOptions Can Help!

A free resource that helps you avoid the frustration of calling multiple agencies and navigating various networks.

Right here when you don't know where to turn.

MassOptions.org

Visit us online to use the online chat service.

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